



VICTORIA CITY ROWING CLUB

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Job Posting

VCRC Junior Novice Assistant Coach

Overview

The Victoria City Rowing Club (VCRC) is a vibrant and diverse club that provides high quality rowing opportunities for all members of the community, in an environment that fosters a love of rowing and supports athlete, coach and citizen development. In operation for over 60 years on beautiful Elk Lake, VCRC provides year-round competitive and recreational rowing programs for all skill levels and ages. VCRC shares facilities with Rowing Canada Aviron's National Training Centre, the Greater Victoria Youth Rowing Society and the University of Victoria. VCRC believes that by following the principles outlined by Canadian Sport for Life, we will deliver high quality programs for all rowers, provide high levels of member satisfaction, and increase participation and retention in VCRC programs. The VCRC junior program is one of the biggest junior programs in Canada.

VCRC Junior Novice Program overview:

For those new to rowing. No experience required.

The Junior Novice Program is for those who would like to learn to row and become part of the VCRC Junior program. Athletes will learn to row in stable Coastal and Pontoon singles, moving to racing singles when comfortable and safe. Due to limited capacity, priority will be given to athletes in Grade 9 and up and to Grade 8's with rowing experience or who have a sibling in the VCRC Junior program. (Rowing in 2xs is permitted in a Novice program only if the rowers are siblings and one of them is experienced). LTAD Stage: Learn to Train – Train to Train

Responsibilities and duties:

The Junior Novice Assistant Coach will:

- Coach the VCRC Junior Fun & Fit program.
- Supervise shadow coaches.
- Work with the VCRC Director junior rowing and Novice Lead coach to structure, and plan the program and support develop the training plan.
- Report to the VCRC Director junior rowing and Novice Lead coach
- Assist in giving athletes race opportunities

Nature of the position and links:

VCRC Novice Lead coach and VCRC Director junior rowing – Kept up to date on VCRC Junior Fun & Fit Program equipment needs, competitions, and regattas

All VCRC Coaches – Liaise regularly to ensure a supportive environment and smooth running of programs.

VRS and ALL other lake users – Maintain respectful relationships.

Partners in the Community – Build and maintain respectful relationships.

Schedule:

42 weeks 6-12 hours per week. Juniors train weekday afternoons and 1-2 session on the weekend. Work will also include travelling to and coaching at regattas (weekends). The exact schedule for each program is to be determined and will take into account coach's availability.

Coach is involved in a minimum of one and a max of 3 junior novice groups:

Novice 1: Monday, Friday 4:15pm - 6:15pm and Saturday 12:00pm - 2:00pm

Novice 2: Tuesday, Thursday 4:15 - 6:15pm and Sunday 12:30 - 2:30pm

Novice 3: Wednesday 4:14pm-6:15pm and Saturday and Sunday 9:30am - 11:30am

Seasons

Fall: Sept 14-Nov. 1 (7 weeks); Winter/Spring: Nov. 8-March 14 (16 weeks);

Spring/Summer (Competitive season): March 31-August 1 (18 weeks)

Coaches wishing to only apply for one season will be considered, but full year commitment is preferred. Term of contract: September 14th 2020 – August 1st 2021

Qualifications:

- Pleasure Boat Operators license ('Boat Pro') required
Required or must be completed within 2 weeks of start of employment
- NCCP LTR Instructor (or equivalent)
- Basic First Aid
- Making Ethical Decisions module online
- NCCP Coach Initiation
- Criminal Record Check
- Respect In Sport (Activity leader) online module
- Experience coaching and working with youth an asset
- Administrative and organizational skills

To apply, please submit a resume and letter by September 7th to:

VCRC Director Junior Rowing

Email: vcrcjuniors@gmail.com