



Duelling Over A Grand Regatta Package April 4-5, 2020

Victoria City Rowing Club (VCRC) invites you to a weekend of racing on Elk Lake. Duelling Over A Grand is unlike any other regatta on the West Coast: two crews race head to head for 1000 meters, with the winner advancing to the next round of racing. A double knockout format allows a crew to advance through the tournament until they lose twice and are knocked out of the tournament or progress all the way to the final. With the double knockout, tournament style format, crews have the chance to take what they learned in one race and apply it to the next one. The exciting sudden death final has the crew who lost only once (and progressed to the final through the “second chance tree”) racing the crew who won all its races (and progressed to the final through the “undefeated tree”).

VCRC is pleased to announce special prizes for the following events

Open Mens 1x	\$1000 (1 st Place), \$250 (2 nd Place)
Open Womens 1x	\$1000 (1 st Place), \$250 (2 nd Place)
Junior Mens 1x	Helo Vest (custom sized)
Junior Womens 1x	Helo Vest (custom sized)

Deadlines

Early Bird Entry Deadline:	March 15th, midnight. Register early and save \$10/seat off the standard fee.
Normal Entry Deadline:	March 22 nd midnight.
Late Entries:	March 29 th midnight. No entries accepted after the late entry deadline.
Fee Payment:	Due before first race
Scratches:	March 29 th midnight
Scratch fee:	<i>Crews scratching after the deadline will forfeit their entry fee and be charged a \$50 penalty (the LOC may waive the fee, at their discretion).</i>
Preliminary Draw:	March 31 st

Regatta Information

RegattaCentral:	https://www.regattacentral.com/regatta/?job_id=6920
VCRC Regatta Website:	http://www.vcrc.bc.ca/regattas-and-events/vcrc-regattas/duelling-over-a-grand
Email:	vcrcregattas@gmail.com

Events

	U19 (JR A)	U17 (JR B)	U15 (JR C)	OPEN	MASTERS	PARA
Men	4x, 1x**, 2x*	4x, 2x*	4x+	1x,4+, 2x		1x
Women	4x,1x** 2x*	4x, 2x*	4x+	1x,4+, 2x		1x
Mixed					2x,4x	

*U17 and U19 2x events may be combined, at the discretion of the Regatta Chair.

**U19 1x is open to U17 and U19 athletes.

Composite crews are allowed.



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Due to the unpredictable nature of advancement in this tournament style format, each competitor may race in **one event only (not including the 8+'s)**.

Charity Dash for Cash 8's

This year we are offering a mixed 8+ event (4 men, 4 women) as the last races on Saturday, 4 boats per race. The winning 8+ has the chance to donate the total of the entry fees collected for this event to the charity of their choice. VCRC can provide boats and coxswains. Email clubadmin@vcrc.bc.ca to confirm your boat and/or coxswains by Friday, April 3rd. Please enter at the Registration desk on Saturday. Composite crews are encouraged! Note: in the event of regatta delays, this event may be cancelled. Entry fee: by donation, suggested minimum donation \$10/seat (\$80/boat)

Masters Racing

The updated version of the [Garrett-Zezza handicap system](#) will be applied to Masters events, with prizes awarded based on adjusted times. Masters are those 21 or older, as of Dec 31 of the current year. For more information please check the regatta website.

Registration

Registration opens March 1st, 2020. Please check the website for details and the registration link.

Entries will be capped at 16 for every event except the open 1x events.

The composition of the crew must stay the same throughout the regatta – no substituting. We encourage you to contact other clubs about entering composite crews if you have an odd number of athletes and want to ensure all athletes get an opportunity to race. Composite crews allowed.

Please email clubadmin@vcrc.bc.ca if you are not able to pay online. We accept etransfers.

Entry fees

	8+ Dash Event	4X / 4+	2X	1X
Early Bird Boat Fee (includes GST)	\$80*	\$93	\$62	\$43
Rowing BC Seat Fee (\$3.50/athlete)		\$14/\$17.50	\$7.00	\$3.50
Rowing Canada Seat Fee (\$3.50/athlete)		\$14 /\$17.50	\$7.00	\$3.50
Total Seat Fees		\$28/\$35	\$14	\$7
Total per boat (Early Bird)	\$80*	\$121/\$128	\$76.00	\$50.00
Total per boat (Standard Fee)	N/A	\$161/\$168	\$96.00	\$60.00
Total per boat (Late Entry)	N/A	\$241/\$248	\$136.00	\$80.00

*Minimum donation \$10/seat

Race Schedule

Please check the [VCRC Regatta Website](#) for schedule and draw updates.

Preliminary Event Draw will be posted on **March 31st**.



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At the discretion of the Organizing Committee, some races for events with large entries may be run on Friday. In scheduling Friday races, we will try to minimize the impact on out-of-town competitors.

Tentative Race Schedule

Coach, bow and coxswains' meeting: one hour before the first race on Saturday.

Saturday: 7:00 am to 6:30 pm

Sunday: 7:00 am to 4:30 pm

Training Times: The course will be open for training for one hour after the last scheduled race on Saturday or until posted sunset, whichever is earliest. The course will not be open for training on Saturday or Sunday morning. The course is not officially open on Friday. Visiting crews who wish to train on Friday are asked to contact the VCRC Club Manager (clubadmin@vcrc.bc.ca)

Race Course

- The race course is two lanes and 1000 m long.
- The lanes are marked by a centre line and 2 outside lines, with buoys every 20; distance markers every 250m.
- The Start is at Hamsterly Beach, using stationary floating platforms and boatholders.
- The Finish is on the west side of the boathouse docks.
- Please consult the flow pattern map for racing and warmup flow patterns before going on the water. Maps will be posted on the [VCRC Regattas website](#), at the regatta site and included in each registration package.

Prizes

- A minimum of 8 entries for the Open 1X and minimum of 4 entries for the Junior 1X is required to award prizes.
- All finalists will receive a medal
- Winners of the Open 1x and Junior 1x events must be in attendance to collect their prize.

Events Draw

- A minimum of 4 boats is required to run an event. Crews entered in events that do not meet the 4 boat minimum will be given the option to move into a different event.
- Crews will be randomly assigned to their initial spot in the draw. Effort will be made to avoid entries from the same club racing each other in the first round. At the discretion of the Regatta Organizing Committee, events with large number of entries may be seeded. Check the [VCRC Regattas website](#) for updates.
- The tournament follows a double elimination format—crews are allowed two losses before they are knocked out. All crews entering the tournament draw will be guaranteed at least two races in the regatta.
- Crews that have a 'BYE' during the regatta do not row down the course for that round.
- No shows: if your competitor does not show up at the start line you are still required to row down the course and across the finish line at a pace that does not impede the following racers.
- Races will not be delayed for crews that are late to the start for any reason. A no-show crew at start time will be given a loss. Crews are expected to be in the starting area 5 minutes before their race. If you flip in the warm-up area such that you will not be able to make your scheduled start time, you will be given a loss for that race.



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Safety

- All boats must have a secure bow ball and heel restraints to allow '**one-hand**' release (ties no more than 7.0 cm). Boats will be inspected prior to launching.
- Crews deviating from the designated flow pattern will be penalized and may be banned from further racing. Please check the flow pattern maps before going on the water.
- Any use of aerial drones must be cleared by the Organizing Committee.

Equipment Breakage

Due to the tournament style of Duelling and the tight schedule, there will be no delays or rescheduling of races. If equipment breakage occurs on the water, please notify the closest umpire or safety boat and we will try to help the competitor fix it within reason. There will be some spare parts and tools available close to the marshalling area (this will be elaborated at the coaches meeting). If a competitor is not able to make it to the start in time, they will be awarded a loss for that race. Please check your equipment before going on the water.

Rules of Racing

Duelling Over a Grand will abide by Rowing Canada's Rule of Racing with the exceptions in the next section. The Organizing Committee would like to remind participating clubs of the following rules:

8.8 Other Boats on the Water

During the official hours of training and racing no boat (moving or fixed) shall be allowed on the regatta course or the training areas without the specific authority of the Chief Umpire or the Regatta Chair. The Chief Umpire shall determine the position and the movement of all approved vessels on the water during racing i.e., umpires' launches, rescue boats, media boats etc.

10.12 Coaching During Racing

It is prohibited to give any instructions, advice or directions to rowers or crews who are racing with any electric, electronic, or other technical device, either directly or indirectly.

Exceptions to Rules of Racing

2.3 Age Categories: the following categories not described in RCA ROR are included: Jr C(U15), Open (over 18). VCRC will not be confirming ages.

7.5 Withdrawals (Scratches)

If a club withdraws from an event for which it has been entered, it shall give notice thereof to the Organizing Committee as soon as possible, in writing, and **at least 30 minutes** before the start of the race in question. Scratches will be treated as a loss in the progression tree.

7.6 Crew changes before the First Heat

Up to 4pm on the day before the event, a crew may substitute up to one half the number of rowers in events entered. The changes must be communicated in writing to the Organizing Committee.

Before the first race and after the deadline, a substitution, including singles events, may be submitted for medical reasons to the OC with a proper certificate.

Crew changes (substitution of up to one half the number of rowers) may be made up to **4pm** on the day before the event. Before the first race and after this deadline, a substitution, including singles events, may be submitted for medical reasons to the OC with a proper certificate.



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9.2.1 Row over (in the event of scratch, bye or no show): a) after the other crew has launched, the launched crew must row down the course to get back to the boathouse safely, at a pace sufficient to avoid interfering with the following race. The crew does NOT have to row down at race pace; b) before the other crew has launched: the crew does not have to launch and row down the course (i.e., no race); c) if the crew has launched but is notified of the scratch while they are in the warm-up area: for safety reasons, the crew must row down the course to get back to the boathouse, at a pace sufficient to avoid interfering with the following race.

10.16 Protests

A protest must be made in writing to the Chief Umpire **not later than 20 minutes** after the Umpire has communicated his/her ruling regarding the objection or, in the case of disputing the published results, one hour after the results have been published.

In the event of a protest being allowed, the crew who suffered the disadvantage will be awarded the win and the other crew will be awarded a loss.

Appendix 2 Progression Option 5: Dual format, double elimination format.

Bow Markers

- Crews keep the same bow marker throughout the regatta. Each crew must have a bow marker each time they push off the dock. Crews that launch without a bow marker will not be allowed to race.
- **If you lose your bow marker during the regatta, please go to the Control Commission for a replacement.**
- Bow markers must be returned to the Registration Table within 30 minutes of the last scheduled race on Sunday, April 5. Crews who fail to return their bow marker at the end of the event will be charged a \$20 fee.

Regatta Packages

Regatta packages may be picked up from the Registration Table Friday, April 3rd between 4-6 pm or 1 hour before the posted time for the first race. Please have only one person per club come to pick up the registration package. The package will include your bow markers.